

POSITIONS AND POLICIES ON EDUCATION

Health and Physical Education

FILE CODE

6142.4

Health and Physical Education Programs

The NJSBA believes in a well-articulated comprehensive health and physical education program that prepares all students to actively and effectively achieve and promotes lifelong wellness. Local boards of education should include health and physical education in their required courses for graduation. The amount that is required and its apportionment throughout any time period should not be mandated but rather, should be a matter of local prerogative. *[Authority: BD 1/84, DA 6/84-6, DA 12/87-2, DA 11/97-SR, DA 11/02-SR, DA 11/07-SR, DA 11/12-SR, DA 11/17-SR]*

Cross References: 6140 Curriculum adoption
6142 Subject fields
6145.2 Interscholastic competition
6146 Graduation requirements

Key Words: health, physical education, mandate