TRAUMATIC LOSS COALITIONS FOR YOUTH PROGRAM (TLC)

Rutgers University
University Behavioral Health Care (UBHC)

A Presentation for
The NJSBA
School Mental Health Conference
April 9, 2019
Emotional Injuries
just like
Physical Injuries
cannot be left untreated.
Sometimes Bad Things Happen

When we are in the midst of a crisis, it is comforting to know that we can call on others to help.

In the midst of a crisis, we don’t do our best thinking or problem solving.

We need a partnership to rely on.
Sometimes bad things happen

- Sometimes it’s a terminal illness or disease
- Sometimes it’s a car/bus accident, drowning, overdose, or homicide
- Sometimes it’s a suicide
Sometimes bad things happen

- Sometimes it’s a terminal illness or disease
- Sometimes it’s a car/bus accident, drowning, overdose, or homicide
- Sometimes it’s a suicide
- There is always the pain of recovery
The Traumatic Loss Coalition is dedicated to excellence in suicide prevention and providing a collaborative, coordinated mental health response following critical incidents affecting school aged youth (3-21).

In cooperation with each county’s
Mental Health Administrator
Superintendent of Schools
Office of the Prosecutor
This interactive statewide program is funded by the NJ Department of Children and Families (DCF) - Division of Children’s System of Care (DCSOC).

Funding supports a Traumatic Loss Coalition Coordinator in each County* and a Central Administrative Team.

* Mercer County is funded through the Department of Health and Senior Services.
WHAT IS THE TLC?

* The Central Team assists schools and communities in implementing best practice and evidence-based suicide prevention programs, and provides county, regional and statewide conferences and trainings.

* The administrative team also provides training, supervision and technical assistance for each coordinator.
WHAT SERVICES DOES THE TLC OFFER?

- County coalition meetings are held for the purpose of networking, disseminating information and reviewing best practices in the areas of mental health, suicide prevention and post-vention, trauma, grief and psychological resiliency.

- Educator professional development credits are provided at Coalition meetings that have an educational component.
WHAT SERVICES DOES THE TLC OFFER?

Assistance in the development of prevention and post-vention services for school crisis teams.

Consultation with schools in the area of best practice and evidenced-based suicide prevention curricula to fulfill the requirements of the NJ Core Curriculum Content Standards.
WHAT SERVICES DOES THE TLC OFFER?

Assistance to schools from the TLC’s County Lead Response Teams (LRTs) following a suicide or other traumatic loss or critical incident affecting youth.

The TLC Webpage providing timely information on suicide prevention and post-vention, traumatic loss, grief and other topics relevant to working with youth.
Prevention Matters
The TLC will coordinate the 2-hour Suicide Awareness Training for Educators that will fulfill the New Jersey Professional Development requirement (NJSA 18A:6-11).

Using “More Than Sad: Preventing Teen Suicide” and other relevant and current information, the program will help educators focus on risk factors, protective factors and warning signs of suicide.
STAFF DEVELOPMENT TRAININGS

- Managing Sudden Death in a School
- Counseling Families in the Aftermath of Suicide
- Applied Suicide Intervention Skills Training (ASIST)
- After a Suicide – Guidelines for Assisting Youth
- Depression in Children and Adolescents
- Using the School I&RS Team to Support Students with Mental Illness
- Schools and Mental Health-Bridging the Gap in Treating the Whole Child
- Understanding Trauma and Loss in Youth
- Helping a Grieving Child
- Enhancing the School’s Crisis Plan

Visit the website for more offerings
The TLC will prepare, arrange and deliver professional development training for schools and other youth organizations, focused on helping adults understand, prevent and respond to tragedies that affect the youth community.

In addition, training is available in the form of Parent Academies to provide information to parents about raising healthy children.
WHAT STATEWIDE TRAINING DOES THE TLC PROVIDE?

Annually the TLC offers a statewide conference on the topic of suicide prevention. The conference presenter is renowned in the field of suicideology and brings to the attendees new and valuable information to support their work with those considering ways to end their life.
What additional statewide training does the TLC offer?

Annual Trauma/ Trauma Informed Care Conference

Recognizing the relationship between early developmental trauma, toxic stress and high risk behavior including suicide, the TLC offers an annual conference with experts in the field dedicated to raising awareness of trauma and trauma care.
**WHAT ARE THE TLC LEAD RESPONSE TEAMS (LRTS)?**

- County teams made up of school personnel, community members and mental health counselors and clinicians.
- Teams are under the leadership of a TLC County Coordinator or Team Leader.
- Teams assist schools in the aftermath of a sudden or traumatic loss caused by suicide, homicide, accident or illness.
- Teams meet regularly with TLC Coordinators to practice skills through table top exercises.
WHAT CAN THE LRTS PROVIDE?

LRTs can provide crisis response to schools in several ways:

- On-site post-vention services as a lead team or in conjunction with a school’s crisis team
- On-site consultation and supervision with school crisis teams that are conducting the response
- Phone consultation with school administration, and crisis team members to organize a comprehensive post-vention response
- Care for the Caregivers – Post-vention work with school crisis teams following a trauma response to aid in decreasing the effects of compassion fatigue
THE TLC CAN HELP!

CRISISOLUTION

FROM CRISIS TO RECOVERY

ROAD TO RECOVERY
FOR MORE INFORMATION ...

- County Coordinator Information
- TLC Central Office Staff
  Maureen Brogan - Statewide Program Coordinator (732-235-2810)
  
  George Scott-Statewide Resource Coordinator (609-915-0684)
  centerforcounseling@verizon.net

- TLC Webpage:
  http://ubhc.umdnj.edu/brti/TLC.htm