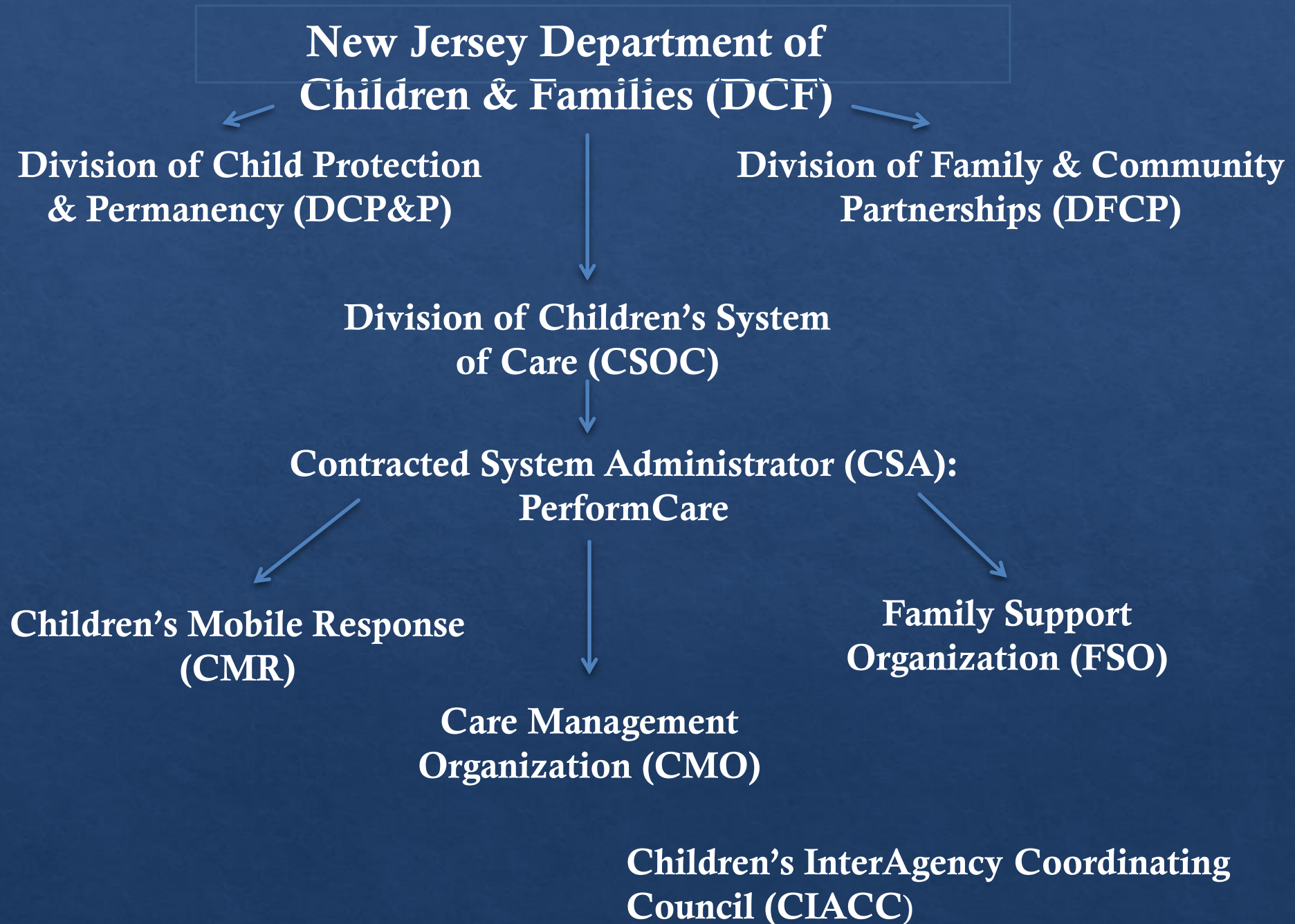


New Jersey's Children's System of Care (CSOC)



PerformCARE





Knowing the breakdown

New Jersey Department of Children and Families (DCF)

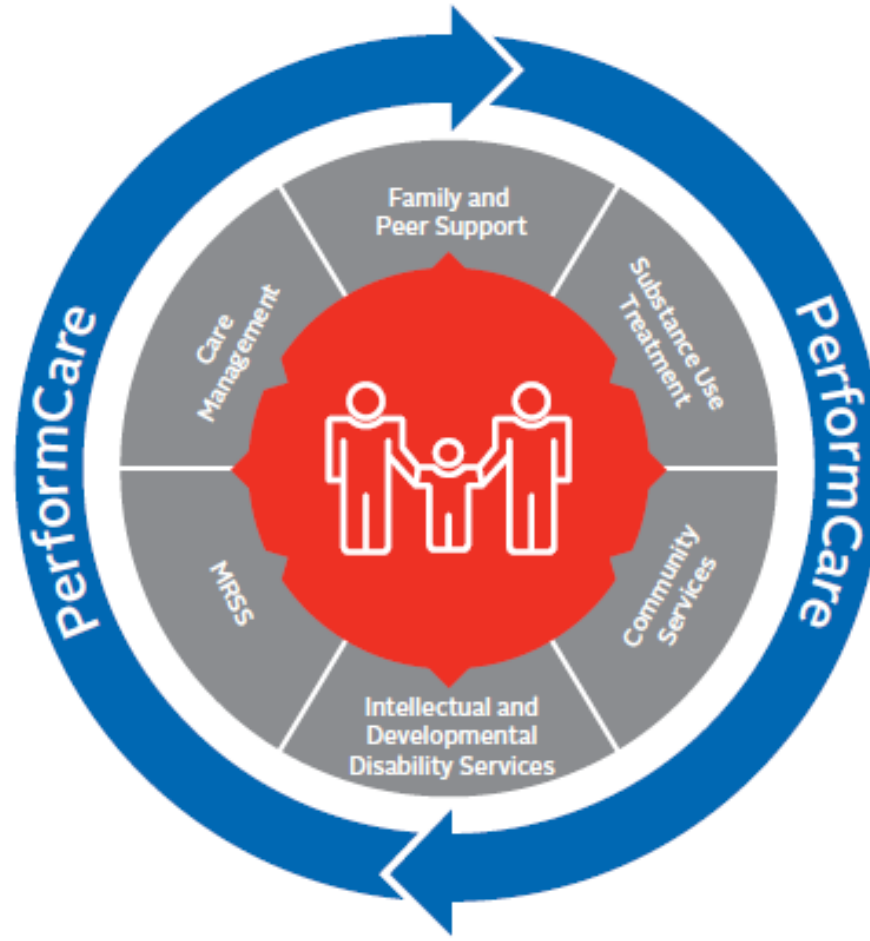


Children's System of Care (CSOC) / **PerformCare** *who you call to
access services 24/7*



PerformCare dispatches children's mobile response (CMR) and/or connects the youth and family to their local care management organization (CMO) office if clinically appropriate.

System of Care for the State of New Jersey



Care Management

Including care management organizations

Family and Peer Support

Family-support organizations, advocacy, and other supports for families

Substance Use Treatment

For eligible youth up to age 18

Intellectual and Developmental Disability Services

MRSS

Mobile response and stabilization services for urgent needs

Community Services

School, child protection, and other local resources

Examples of when you should call CSOC

1-877-652-7624

24/7/365

- ◆ You are struggling to meet the needs of your developmentally disabled or intellectually disabled (I/DD) child or adolescent.
- ◆ Your child refuses to attend school or has repeated lateness or skipping, or if you have other concerns about his or her school performance.
- ◆ Your child shows physical and/or verbal aggression, bullies others, or is being bullied.
- ◆ You observe family conflict, including youth substance use or refusal to comply with rules.

How to access New Jersey's Children's System of Care (CSOC)

- ◆ Parent/legal guardian calls PerformCare directly when seeking services for a youth up to the age of 21.
- ◆ PerformCare is available 24 Hours a day, 7 days a week, 365 days a year.
- ◆ PerformCare triages the initial call and determines next steps.

1-877-652-7624

Children's System of Care Objectives

To Help Youth Succeed...

Safe



Healthy



Connected

CSOC System Partners

Children's Mobile Response (CMR)

- De-escalation, crisis assessment & intervention
- Treatment planning & family safety planning
- Care management
- Access to community resources (food banks, support groups, etc.)
- Referral to follow-up services
- To access CMR, call PerformCare.

877-652-7624

Care Management Organization (CMO)

- There is a CMO agency for each county
- All services are voluntary and at no cost to the family.
- CMO provides care management services for youth and families with complex needs.
- To access CMO, call PerformCare.

877-652-7624

Family Support Organization (FSO)

- Family run and county based
- Provides direct family to family peer support, education, advocacy, and other services to family members of youth with CMO services.
- Parents of youth enrolled in CMO are automatically linked with FSO for peer to peer support.
- All FSO services are voluntary and at no cost to the family.
- To access the Camden FSO call:

856-662-2600

CSA

PerformCare is the Contracted Systems Administrator for CSOC - Single portal for access to care

CMO

A care management organization that serves children, youth, young adults and their families/caregivers with high and moderate level of care coordination needs

FSO

Family-led support for CMO involved families, community education, warm lines, advocacy

MRSS

Crisis planning for youth with behavioral/emotional needs, available 24/7/365

CHILDREN'S INTER-AGENCY COORDINATING COUNCIL (CIACC)

- ◆ County planning bodies that foster cross-system service planning for youth with behavioral and emotional health needs, substance use, and/or intellectual and developmental disabilities
- ◆ Provide a multidisciplinary forum to develop and maintain a responsive, accessible, and integrated System of Care for youth and their families
- ◆ Serve in an advisory capacity to both county government and DCF in planning for services for youth.
- ◆ Identify needs and address barriers to effective service delivery and make appropriate recommendations on programs and policies
- ◆ Participate in ongoing DCF quality assurance processes
- ◆ Membership includes local system partners, community based organizations, schools, county planning entities, state representatives, and families

Children's Mobile Response (CMR)

- ◆ CMR can conduct **assessments** for crisis intervention at:
 - ◆ Home, school, doctors' offices, police station, anywhere in the community
- ◆ Depending on level of need: 72 Hour Stabilization services or 8 week stabilization
- ◆ If needs are significant and/or the youth is I/DD, CMR may recommend CMO services to PerformCare – PerformCare makes all determinations regarding CMO services.

Care Management Organization (CMO)

- ◇ Provider varies by county, for example:
 - ◇ Camden County – Camden County Partnership for Children
 - ◇ Burlington County - Partners for Kids and Families
- ◇ Treatment is a process
 - ◇ CMO aims to have youth and families transition to community based, sustainable resources within 90 days.
- ◇ The care manager from the CMO meets with the youth and family 2x a month.
- ◇ The CMO helps the family navigate the Children's System of Care (CSOC).

Family Support Organization (FSO)

- ◆ List of FSOs:

- ◆ <http://www.performcaresnj.org/families/fsos.aspx>

- ◆ One to one parent support for all families active with CMO

- ◆ Other services available to non-CMO families

- ◆ Services:

- ◆ Parent partners

- ◆ Nurtured Heart Approach trainings

- ◆ Support groups – mother, father, grandparent

- ◆ Teen groups

- ◆ Help accessing services

- ◆ Advocacy – state services, schools

- ◆ Resource referrals

- ◆ Workshops

To gain access to I/DD resources under CSOC, the youth must be I/DD eligible.

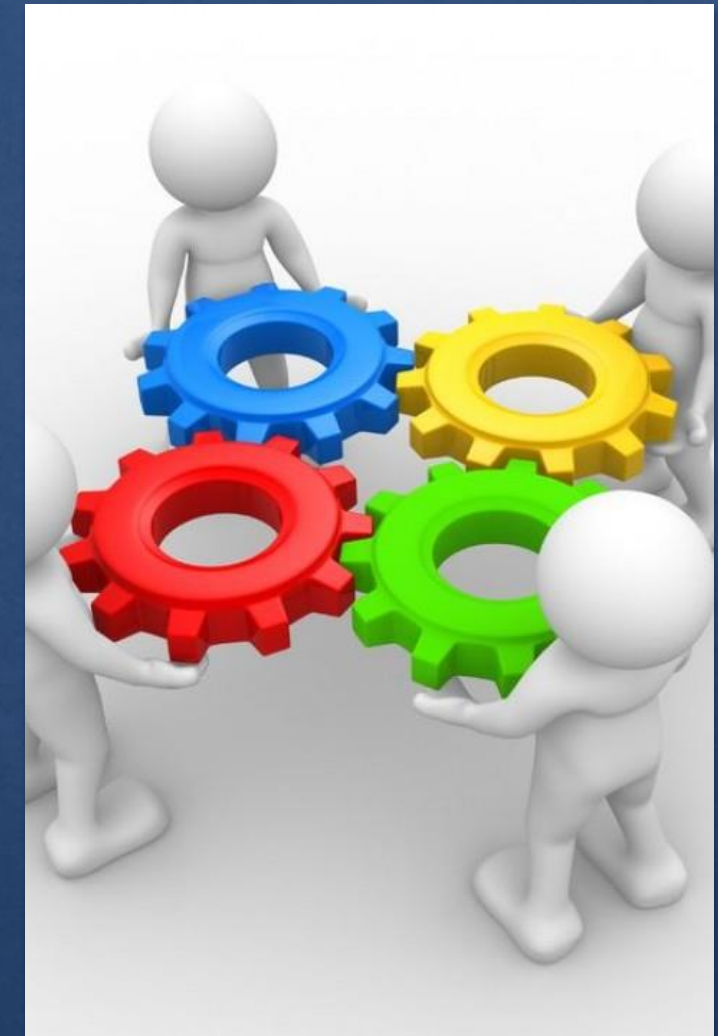
- ◆ If child is under 18, application must be submitted to PerformCare.
- ◆ 3 ways to apply
 - ◆ Online portal
 - ◆ Download application, complete, and mail in
 - ◆ Call PerformCare at 1-877-652-7624 to request an application to be mailed to you



CSOC approved in-home services (non-I/DD)

Intensive In Community (IIC) = Licensed leveled therapist who comes to the home to help the youth and family reach treatment goals determined in the Individualized Service Plan (ISP) that the care manager helps the family complete, review, and monitor

Behavioral Assistant (BA) = work closely with the IIC and youth to help put into practice what is discussed in therapeutic sessions with licensed therapist. A BA can often help a child better understand concepts discussed and put into practice what the IIC reviewed that week in session.



CSOC approved I/DD specific in-home services

Intensive In Home (IIH) clinical = Licensed level therapist who has experience with the I/DD population – IIH clinical is very similar to IC but designed specifically for the I/DD youth population

Intensive In Home (IIH) behavioral = Functional Behavioral Assessment (FBA) and applied behavioral analysis (ABA) = a set of habilitative services, designed for decreasing dangerous behaviors while assisting youth in acquiring and retaining self-help, communication, and adaptive skills. A focus is put on a transfer of skills to the youth while working with/training the youth's parent or caregiver to implement the behavioral plan.

Individual Support Services (ISS) = ISS is skill development for activities of daily living, including self-care tasks



What to expect once I/DD eligibility is approved

- The family's care manager (CM) will review with the child family team I/DD in home services such as: IHH clinical or IHH behavioral services such as applied behavioral analysis (ABA).
- The CMO walks the family through all their options related to CSOC approved PerformCare resources. All services are based on clinical need which is determined by PerformCare NOT the CMO.
- If/when IIC, IHH, ISS, and/or BA services are not enough, your CM will help review options for out of home (OOH) treatment. The CM assists the family with the documentation required by PerformCare for clinical review and approval of OOH services if/when appropriate.
- It is always the goal to keep youth at home, in school, and in their community.

What types of **I/DD** family support services are available?



EDUCATIONAL ADVOCACY

A service provided to I/DD eligible youth and their families when the youth necessitates in-depth help with education-related needs



ASSISTANCE WITH COSTS OF SUMMER CAMP



RESPITE CARE

Intended to provide temporary relief for the primary caregiver from the demands of caring for an individual with disabilities during the times when the caregiver would normally be available to provide care.



ASSISTIVE TECHNOLOGY

Assistive Device means an item, piece of equipment, or product system, whether acquired commercially, modified, or customized, that is used to increase, maintain, or improve functional capabilities of youth; it cannot be solely therapeutic.

Respite Care

AGENCY HIRED RESPITE –A service provided to families who want a respite worker who is recruited, trained and employed by the qualified agency to provide social and recreational experiences to children in or out of their homes.

SELF-HIRED RESPITE –A service provided to families who want to recruit their respite worker of choice. The family pays the worker directly and sends the paperwork in support of reimbursement to the provider agency on a monthly basis.

AGENCY AFTER SCHOOL CARE – Provided by community-based agencies, after school care programs have individual criteria including specific age and supervision needs, and are close to the child's residence. After school care is provided at an agency's site and not in the child's home.

AGENCY WEEKEND RECREATION – Weekend recreation provides social and recreational experiences for children outside of their homes, sometimes including a community outing component, Friday evening through Sunday. It is the caregiver's responsibility to provide transportation.

OVERNIGHT RESPITE – Allows your child to stay overnight in a safe, short-term alternate living arrangement. Each youth may attend up to 6 days in a rolling 365-day period, based on availability. Services must be provided in a licensed facility with round-the clock supervision and care.

ELIGIBILITY FOR I/DD FAMILY SUPPORT SERVICES

In order to be eligible for Family Support Services (FSS):

- ◆ The child must be determined eligible for I/DD services through the CSOC (“eligible for Functional services”) before applying for FSS, and
- ◆ The child must live in the community either with a family member or an uncompensated caregiver, and
- ◆ All other benefits for which the individual may be eligible (such as SSI and private insurance) must be accessed before accessing FSS resources.

Family Support Services are not entitled or guaranteed and the ability to provide services to your child is contingent upon the availability of CSOC resources.

HOW TO APPLY FOR AND REQUEST **I/DD** FAMILY SUPPORT SERVICES

The telephone application takes approximately 20 minutes to complete. Call our toll-free number at 1-877-652-7624.

PerformCare is available 24 hours a day, 7 days a week, 365 days a year.

Only the parent or legal guardian can apply for Family Support Services.

PerformCare evaluates for Family Support Services based on individual need, caregiver need, current services utilized/available, and the availability of resources.

Applying for determination of eligibility for people with intellectual/developmental disabilities who are 18 years old or older



If person is 18 years old or older, applications must be submitted to the Department of Human Services (DHS) Division of Developmental Disabilities (DDD).



CSOC will honor determinations of eligibility and provide DD services made by DDD for individuals between the ages of 18 and 21.



Eligibility for services from CSOC ends the day before an individual's 21st birthday.



Visit DDD website for more information on DDD's application forms and process. <http://www.state.nj.us/humanservices/ddd/services/apply/>

There is a ResourceNet for each county in New Jersey...

ResourceNet is a free web directory of programs, supports, services, and events for families specific to county of residence in New Jersey.

It is mobile-friendly and can be translated to different languages, printed, or shared through social media.

Each ResourceNet is administered by the respective CMO in each county and supported by the Department of Children and Families' Children's System of Care (CSOC).

New Jersey ResourceNets

 <p>Atlantic & Cape May Counties: Managed by Cape Atlantic INK</p>	 <p>Middlesex County: Managed by Coordinated Family Care</p>
 <p>Bergen County: Managed by Bergen's Promise</p>	 <p>Monmouth County: Managed by MonmouthCares, Inc.</p>
 <p>Burlington County: Managed by Partners for Kids and Families, Inc.</p>	 <p>Morris and Sussex Counties: Managed by Caring Partners of Morris & Sussex, Inc.</p>
 <p>Camden County: Managed by Camden County Partnership for Children</p>	 <p>Ocean County: Managed by Ocean Partnership for Children, Inc.</p>
 <p>Cumberland, Gloucester and Salem Counties: Managed</p>	 <p>Passaic County: Managed by Circle of care for Families and Children of Passaic County, Inc.</p>
 <p>Essex County: Managed by Partnership for Children of Essex</p>	 <p>Warren, Hunterdon and Somerset Counties: Managed by Tri County CMO</p>
 <p>Hudson County: Managed by Hudson Partnership CMO</p>	 <p>Union County: Managed by Families and Community Together</p>
 <p>Mercer County: Managed by Capitol County Children's Collaborative</p>	

Behavioral Health Needs Are More Common Than You Think

NJ Children's System of Care

Contracted System Administrator — PerformCare®



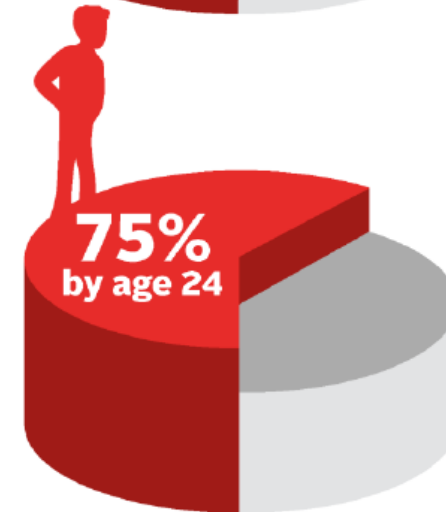
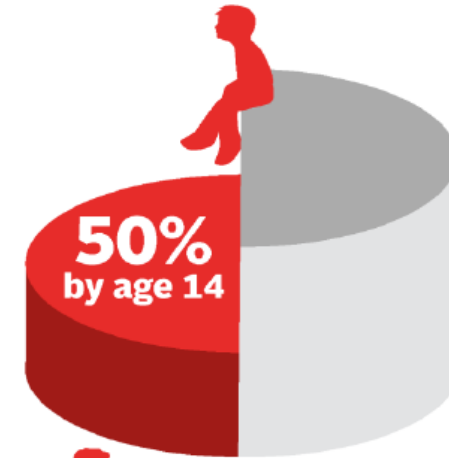
37%
of students

with behavioral health needs ages 14 and older drop out of school — the highest dropout rate of any disability group.

Source: National Institute of Mental Health, www.nimh.nih.gov.

PCNJ-19519577

Behavioral Health Needs Are More Common Than You Think



50% of people with behavioral and mental health needs are impacted by age 14 and 75% are impacted by age 24.

Source: National Institute of Mental Health, www.nimh.nih.gov.

Together we can help more families!

CMO

- ◆ Camden County as of July 2019 was linked with over 1,300 youth for that month alone

CMR

- ◆ Camden County on average dispatches to over 201 families per month

Help us reach more families
sooner so we can improve
outcomes!

CSOC Serves youth up to 21 years of age and their families with emotional, behavioral, developmental/intellectual disabilities and substance use challenges.

PerformCare helps connect a parent or guardian to appropriate services for their child through the Children's System Care

Call **PerformCare** / Contracted System
Administrator (CSA):

1-877-652-7624

www.performcarenj.org