



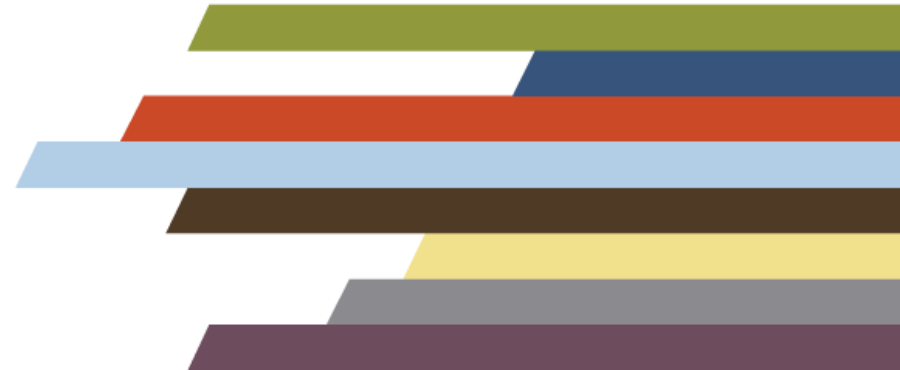
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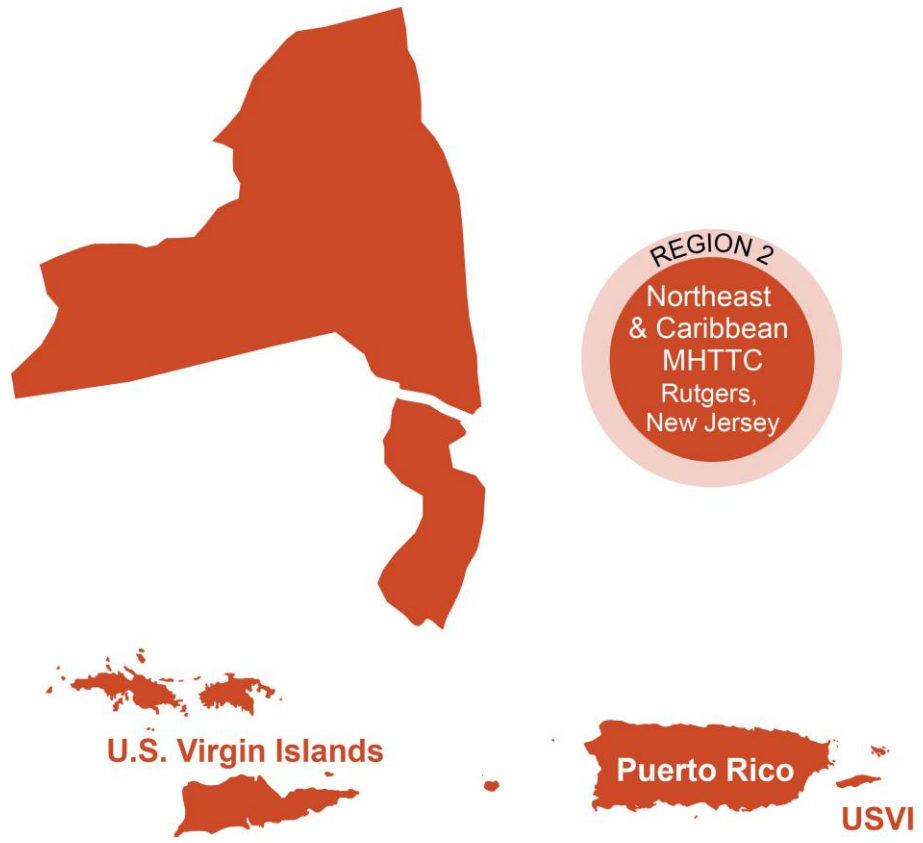
Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

The Northeast & Caribbean Mental Health Technology Transfer Center (MHTTC)

Rutgers, School of Health Professions
Department of Psychiatric Rehabilitation and
Counseling Professions



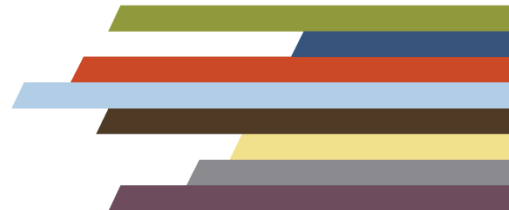
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Objectives

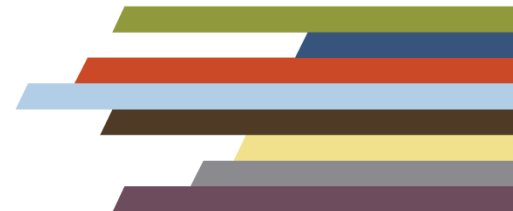
- Introduce MHTTC
- Provide information on trainings/professional development available
- Familiarize you with our consultation services
- Introduce the SHAPE System & resources



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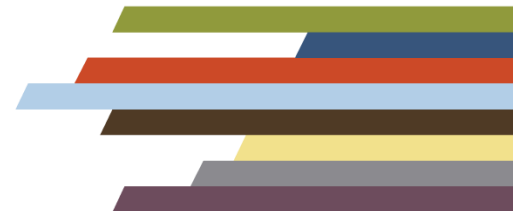
- Provides 5 years (2018 – 2023) of funding to:
 - Enhance capacity of behavioral health workforce to deliver evidence-based and promising practices to individuals with mental illnesses
 - Address full continuum of services spanning mental illness prevention, treatment, and recovery supports
 - Train related workforces (police/first responders, primary care providers, vocational services, etc.) to provide effective services to people with mental illnesses



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School Mental Health Supplement

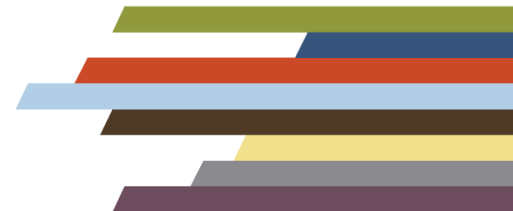
- Supplemental funding was awarded to provide training and TA to teachers and school staff regarding student mental health
- Focus on:
 - Importance of mental health supports in schools
 - Capacity to recognize and identify mental health concerns in students
 - Best models of school-based mental health services
 - Linking, as needed, to community-based services



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MHTTC Services

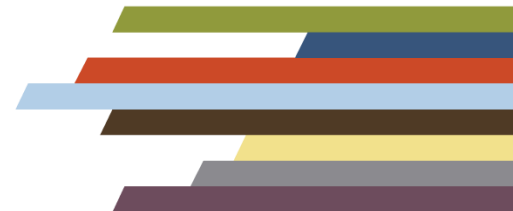
- National Webinars
- Trainings on School Mental Health
- Professional Development Meetings
- Consultation Services on School Mental Health
 - Needs Assessment & Resource Mapping



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Trainings

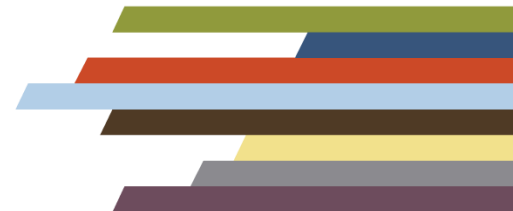
- Advanced Mental Health Skills (selected school staff)
- Youth Mental Health First Aid
- Suicide Prevention
- Mental Health in Youth Through the Lifecycle
- Grief and Loss
- Enhancing Resiliency in Schools
- Creating Trauma Informed Schools
- School Refusal and Anxiety



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Professional Development

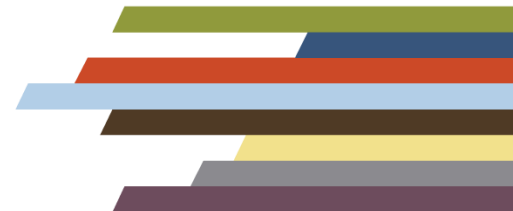
- Youth Mental Health First Aid
- Trauma
 - Trauma Informed Care
 - Managing Traumatic Events in Schools
 - Trauma and Mental Health
- Cultivating Resiliency
- Suicide Prevention
- Crisis Interventions
- Stress Management & Compassion Fatigue
- Creating Positive Relationships with Parents



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Consultation Services

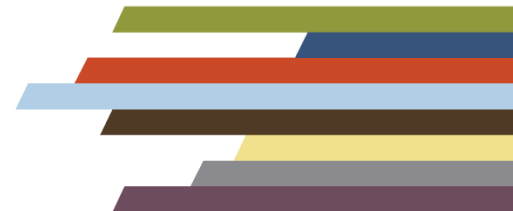
- Teaming
- Needs Assessment
- Resource Mapping
- Tier 1 Mental Health Promotion
- Tier 2 & 3 Early Intervention and Treatment Supports
- Screening
- Funding & Sustainability
- Trauma Responsiveness



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Resources

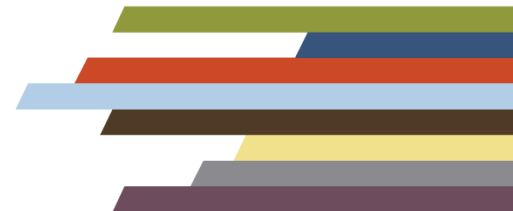
- National School Mental Health Curriculum: Guidance & Best Practices for States, Districts, and Schools
- After a School Tragedy... Readiness, Response, Recovery & Resources
- Supporting Student Mental Health: Resources to Prepare Educators
- <https://mhttcnetwork.org/centers/northeast-caribbean-mhttc/school-mental-health>



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Contact us!

By phone: (908) 889-2552

Email:

northeastcaribbean@mhttcnetwork.org

Website:

<https://mhttcnetwork.org/centers/northeast-caribbean-mhttc/home>

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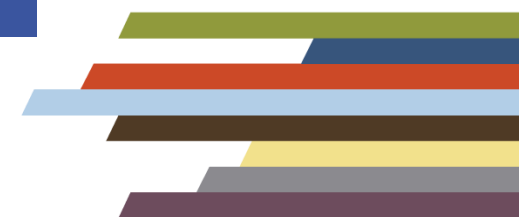
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